

State regulations do not permit students to “charge” lunches. It is the parents’ responsibility to send their children to school with a lunch or with lunch money. If there is a financial hardship at any time, applications for free and reduced-price school lunches are available throughout the year at each school or from the Student Services Coordinator.




For more information, please see your school principal or school nurse, or call the Student Services Coordinator at (508) 636-1144.

Full-Price Lunch with Ten-Ounce Milk (\$2.00)

Reduced-Price Lunch with Ten-Ounce Milk (\$0.40)

Ten-Ounce Milk Alone (\$0.50)

Assorted fresh and chilled fruits are available every day. Students are always welcome to select fruit with their lunch, instead of the day’s dessert.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Oven Toasted BBQ Turkey Sandwich with Cheese Buttered Noodles Steamed Vegetables Frosty Strawberry Cup Milk	2 Dr. Seuss’s Birthday Green Eggs and Ham Sandwich on a Croissant Hash Brown Fresh Cheese Stick Applesauce Green Egg Shaped Cookie Milk 	3 Tacos on Hard or Soft Shells with Lettuce, Tomato Salsa and Cheddar Cheese TexMex Rice Assorted Fruit and Milk	4 Shepherd’s Pie Wheat Dinner Roll with Margarine Applesauce Fresh Baked Brownie Milk	5 Wholegrain Pizza with Assorted Toppings Fresh Tossed Garden Salad Fruit Trail Mix Assorted Fruit and Desserts Milk
8 French Toast Sticks with Syrup Baked Pork Sausage Links Chilled 100% Fruit Juice Fresh Banana and Milk	9 Oriental Beef Chow Mein Fluffy White Rice Vegetable Egg Roll Fortune Cookie Chilled Fruit and Milk	10 Homemade Turkey Soup Toasted Grilled Cheese Sandwich Crispy Saltine Crackers Steamed Vegetables Chilled Peaches and Milk	11 Barbeque Beef Rib Sandwich on Whole Wheat Roll Fresh Soft Baked Pretzel Steamed Vegetables Assorted Fruit and Milk	12 TEACHER TRAINING DAY  HALF DAY OF SCHOOL
15 Baked Rotini with Three Cheeses and Tomato Meat Sauce Steamed Vegetable Oven Toasted Garlic Bread Fresh Apple and Milk	16 Homemade Portuguese Kale Soup Linguica Patty or Linguica Hot Dog on Enriched Roll Crispy Goldfish Crackers Fruited Jello and Milk	17 St. Patrick’s Day Hot or Cold Ham and Cheese Sandwich on Enriched Sub Roll Lettuce, Tomato and Pickles Oven Baked Potato Fries St. Patrick’s Day Dessert and Milk 	18 Oven Baked Portuguese Chicken and Roasted Potatoes Steamed Vegetable Cranberry Sauce Fresh Fruit and Milk	19 Tuna Salad Sandwich on Wrap or Enriched Sub Roll with Lettuce, Tomato and Pickles Homemade Pasta Salad Assorted Fruit and Milk
22 Beef Hot Dog on Enriched Roll Baked Vegetarian Beans Homemade Creamy Coleslaw Assorted Fruit and Milk	23 Homemade Turkey Pot Pie Creamy Mashed Potatoes Cranberry Sauce Frosty Strawberry Cup and Milk	24 Multigrain Nachos with Cheese Sauce Homemade Chilli Crispy Vegetable Sticks Chilled Fruit Cup and Milk	25 Bacon Cheeseburger on Whole Wheat Roll with Lettuce and Tomatoes Oven Baked Potato Fries Chilled Apricots and Milk	26 DOMINO’S PIZZA DAY Fresh Tossed Garden Salad Chilled 100% Fruit Juice Assorted Fruit and Desserts Milk
29 Baked Chicken Nuggets Mashed Sweet Potatoes Steamed Vegetable Fruit Trail Mix Assorted Fruit and Milk	30 Steak and Cheese Sub Sandwich on Enriched Roll Oven Baked Potato Fries Glazed Carrots Fresh Fruit and Milk	31 Turkey with Gravy Creamy Mashed Potatoes Portuguese Stuffing Steamed Corn Cranberry Sauce and Milk		