




WESTPORT MIDDLE-HIGH SCHOOL

<https://westportschoolsorg.finalsite.com/services/nutrition-services>



December 2021 LUNCH MENU

GRADES 5 - 12

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Alternatives Chicken Patty Cheeseburgers Pizza Salads to go!		1 Minestrone Soup w/Crackers Grilled Cheese Sandwich Steamed Carrots Fresh Fruit and Milk	2 Chourico & Pepper Sub Baked French Fries Cookie Fresh Fruit Milk	3 Domino's Pizza Cheese Stick Romaine Salad Assorted Fruit Milk
6 Chicken Nuggets Bowl w/Mashed Potatoes, Corn, and Gravy Warm Biscuit Fresh Fruit and Milk	7 Ham & Cheese Sub w/Lettuce and Pickles Baked Beans Fresh Fruit Milk	8 Creamy Clam Chowder w/Crackers Fish Sticks Carrot Sticks Fresh Fruit and Milk	9 Cheeseburger Pasta Primavera Steamed Green Beans Fruit Milk	10 Domino's Pizza Cheese Stick Romaine Salad Assorted Fruit Milk
13 Hot Dog on a Roll Baked Beans Carrot Sticks Fresh Fruit Milk	14 BBQ Rib Sandwich Buttered Noodles Steamed Green Beans Fruit Milk	15 Toasted Meatball Sub w/Cheese Baked French Fries Assorted Fresh Fruit Milk	16 Chicken Caesar Salad w/Wrap Bag of Baked Chips Fresh Fruit Milk	17 Domino's Pizza Cheese Stick Romaine Salad Assorted Fruit Milk
20 French Toast Bites Sausage Patty Hash Brown Carrot Sticks Fresh Fruit and Milk	21 American Chop Suey Garlic Knot Roll Steamed Peas Fresh Fruit Milk	22 Turkey & Cheese Sub w/Lettuce and Peppers Three Bean Salad Steamed Green Beans Fresh Fruit and Milk	23 Early Release No Lunch Served	24 No School
27 	28	29 	30	31 

"This Institution is an equal opportunity provider" -- **Menu subject to change due to supply issues!**

ALLERGIES:
 Before placing
 your order,
 Please, inform
 your server if
 there is a food

COMPLETE BREAKFAST & LUNCHES ARE
FREE FOR ALL STUDENTS until
June 30, 2022!
 Ala Carte items are NOT included!