



Westport Community Schools

Growing Opportunities

Recommended Resources from your Special Education & Student Support Team

We look forward to getting back to work with you and your children in the near future. Until then, be safe, be well, and enjoy these suggested resources/activities to support you in these unprecedented times.

Please feel free to reach out via email/phone during our extended break.

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****If you or your child are experiencing a mental health crisis, please see page 8 of this document for resources that are available to you during the school closure.****

Parent Resources

Resources	Links	Information
National Association of School Psychologists (NASP) Guide on Talking to Children on COVID-19	Talking to Children About COVID-19 (Coronavirus): A Parent Resource	Please follow this link to find tips and suggestions for parents regarding the current events. This is a wonderful parent resource. There are additional links to resources on coping strategies regarding these current events.
Westport Community Schools	https://www.westportschools.org/apps/pages/index.jsp?uREC_ID=287189&type=d&pREC_ID=1854186	Updates will be made frequently to this site as we continue to learn more about the impact and receive guidance from the DESE, DPH, and other agencies. Please be sure to check back daily for any new information.
Emotional Well-being During the COVID-19 Outbreak	https://suicidepreventionlifeline.org/current-events/supporting-your-emotional-well-being-during-the-covid-19-outbreak/	A resource compiled by the National Suicide Prevention Hotline that includes coping tips and helpful resources.
The Ohio State University Wexner Medical Center	OSU Medical Center- Talk to your kids!	How to talk to your children about the coronavirus and ease their anxiety
Autism Research Institute	Home All Day: Webinar	Webinar on 3/18/2020, 1 PM EST. Schedule changes and unexpected closings due to the spread of Coronavirus can present special challenges for individuals on the autism spectrum. Tune in to hear ideas for erasing anxiety, scheduling daily activities, and staying busy during challenging times
The National Child Traumatic Stress Network	NCTSN	Provides information for parents and caregivers about infectious disease outbreaks in your community. Knowing important information about the outbreak and learning how to be prepared can reduce stress and help calm likely anxieties. This resource will help parents and caregivers think about how an infectious disease outbreak might affect their family— both physically and emotionally—and what they can do to help their family cope.
Common Sense Education	Tips to Transition to At-home Learning	Get free tips and tools to support school closures and transitions to online and at-home learning.

EdSurge	EdSurge	'Students Are Lonely:' What Happens When Coronavirus Forces Schools Online
School Closures	School Closures	Information for families during COVID-19 school closures
Google Classroom: A Parent's Guide	Parents Guide	Here's a parent's guide to google classroom!
Family Resources		
Spectrum	Spectrum	Spectrum offering free access to broadband and WiFi for students without access for 60 days
CDC	Resources for Home	Resources for home. Plan, prepare, and respond to Coronavirus Disease
Other Available Resources		
COVID-19 Information and Resources for Schools and School Personnel	US Dept. of Education	A variety of resources provided around COVID-19.
The New York Times	Teaching, Learning and Thinking Critically	Coronavirus Resources: Teaching, Learning and Thinking Critically
CDC	CDC Schools and Childcare Programs	You can help protect your family from COVID-19 by practicing and promoting everyday healthy habits. Use this checklist to plan and take action if a COVID-19 outbreak occurs in your community
Social Distancing		
Quarantine/Social Distancing	Social Distancing	Giant list of ideas for being home with kids
Social Distancing: This is not a snow day!	Social Distancing	Information about flattening the curve
Cleanliness		
Video Modeling for Hand Washing	Video On Teaching Hand Washing	A resource that describes how to teach hand washing to students.

Hand Washing Tips	Hand Washing	This is a hand washing resource for parents to refer to.
ABA Visualized	Handwashing 2	Task Analysis for Handwashing with Pictures
Social Stories/Resources about Coronavirus		
Social Story for Young Learners (Prek-2)	Young Student Social Story	This is a social story that provides simple pictures and a limited amount of words for young students to understand why they do not have school.
Basic Picture Social Story	Social Story #2	This is a social story with pictures that describe the virus. This social story provides step by step ways to keep safe with clean hygiene practice and interaction with peers.
My Coronavirus Story	Social Story #3	This is another social story that uses pictures and words to describe the virus. Additionally, this also discusses how schools may close.
All About COVID-19	Social Story #4	Here's a free social story and comprehension check, with pictures, that can be downloaded for free from Teachers Pay Teachers
One Page Description for Parents to Read to Students	One Page Description	This is a one page description to explain why students are not in school. This also addressed why students may do some school work from home. Parents can use the language presented in this description to help facilitate conversation with their child..
Julia Cook	The Yucky Bug	A story called <i>The Yucky Bug</i> illustrated by students from an elementary school. The well-known author, Julia Cook wrote this story with the help of some creative students!
HuffPost Life	Huffpost	How to talk to your kids about the disease
Talking to Your Child About the Virus	Talking to Children About the Virus	This is a resource on how to talk to students about the virus.
Autism Speaks	Autism Speaks Resource on COVID-19	This is a resource on how parents can address the overall COVID-19 concern with their child.
Child Feeling Anxious?	Just For Kids: A Comic Exploring The New Coronavirus	Here's some great information if your child is feeling anxious about coronavirus.
Home Supports		

Making Social/Emotional Learning Stick	Keep Calm and Structure On	We invite you to listen, download the tools, and tailor to your personal situation. If something resonates and you want to try it, great! If something doesn't seem to fit for your family or situation, then adapt as needed. Everyone's situation is unique and there is no "one right way" to parent in this time.
Example Daily Schedule	Daily Schedule	This is an example daily schedule to use for students during time off. This will assist parents in keeping a routine going for students.
Weekly Scheduling Template	Weekly Scheduling Template	This is a template from Teachers Pay Teachers. You can print this template and write in plans by day to continue with a consistent and predictable routine.
Teach Mama	Daily Schedules	A variety of daily schedules for your child/children
Big Life Journal	My Daily Learning Projects	This includes a visual for daily learning projects that can be filled out each day.
Autism Research Institute	Home all Day: Basic Supports	Home all day-- basic supports and strategies to get us through and keep us sane
Camp Discovery	Camp Discovery	This app is free and only requires an e-mail to set up. It uses behavior analytic strategies within the app (e.g., errorless learning, within stimulus prompts, error corrections) and offers a variety of skills to work on (e.g., sight words, color id, letter id, emotions, body parts)
Easterseals Illinois Autism Partnership	School Closure Kit	This toolkit includes visual supports for children with autism to use during the COVID-19 school closures.
Newark Schools	Math Games	Here's a whole list of math games!
Janita Sullivan	Choice Boards	Grades 1-5 choice boards

Social Emotional Learning/Counseling

also supports positive behavior

- [SEL Check-in Google Slides](#) (copy to use)
- [SEL check-in survey](#)
- [Restorative Circles](#)
- [Choose Love \(live lessons for families\)](#)
- [Second Step Home Links K1-6](#) (English & Spanish)

Movement	<ul style="list-style-type: none"> • https://family.gonoodle.com/ • Kidz Bop Dance Along- 34 mins. • Kidz Bop Dance Along- 27 mins. 	<ul style="list-style-type: none"> • Kidz Bop Dance Along- 33 mins. • 15 minute worko
Mindfulness	<ul style="list-style-type: none"> • 5 Minute Body Scan Video • Online Coloring Pages • PBS Coloring Games • Happy/Sad Music • Balancing Game 	<ul style="list-style-type: none"> • Gratitude Flowers • Name it to Tame it • 18 Mindfulness Games/Activities • Emotional ABCs
Yoga & Stretching	<ul style="list-style-type: none"> • Cosmic Kids Yoga • Kids Yoga Videos • Yoga Videos 	<ul style="list-style-type: none"> • Full Body Stretch • Yoga Poses
Breathing	<ul style="list-style-type: none"> • Take a Deep Breath (Calm) • Breathing Exercises • Square Breathing • Cooling Out Breathing 	<ul style="list-style-type: none"> • Spaceship to the Moon- guided meditation • Your Secret Treehouse- guided meditation • Relax & Breathe- 10 min. Challenge
Whole Child Counseling	Whole Child Counseling Resources	Coronavirus resources for kids, parents, and educators
100 Free Coping Strategies	100 Coping Strategies For Kids	Here is a list of 100 coping strategies that may be helpful! While your child is at home, practice these different coping strategies! You don't have to use the term "coping strategy," rather you can just frame it as doing something fun. This is from Teachers pay Teachers
Teachers Pay Teachers	SEL: things to do at home	Here is a free resource from TPT that includes 30 things we can do for our emotional health SEL Resource list
Pathway to Success	Pathway to Success	100+ Free Social Emotional Learning Resources
The Social Express	Social Express	Online social skills will be provided utilizing this link for until April 15th

CenterVention	Social Emotional Learning	Centervention offers a free Social Emotional Learning Activities page. You will find free resources – lessons, activities, and printable – in the following skill areas: Communication , Cooperation , Emotion Regulation , Empathy , Impulse Control , and Social Initiation . These resources are age-appropriate for elementary and middle school students and are typically used in a classroom or a small group setting. And in most cases, if materials are required for the activity, they are items that you already have in your classroom or office or home.
School Psychtalk	Instagram: schoolpsychtalk	To help with the impact of sudden school closures Cassandra Mastracy started a new Instagram account- schoolpsychtalk - to provide social-emotional lessons and resources to families with young learners.
Danica Perez	Journal	Emotional Check-In & Mindfulness Journal
Danica Perez	Bingo	Self-Care Bingo Card
Counselor Keri	http://www.counselorkeri.com/	Helping children understand coronavirus, as well as many other counseling tools!
Encourage Play	https://www.encourageplay.com/	A great collection of play ideas for families during times when they need to stay home. Also, why play helps at this time, and how we can view this as an opportunity to reconnect.

Behavior Management

- Provide a structured environment that fosters good behavior.
 - Use common language and expectations in the home (set 3-5 clear rules and give examples of what you expect to see at home)
- Let your child make some of their own decisions.
- Don't be so quick to help.
 - Give them the chance to come to their own conclusions without the influence of outside help. This helps to raise a child's self-esteem and overall worth, which often leads to less emotional outbursts when frustrated
- Keep the environment at home as stress-free as possible (see social-emotional strategies).

Behavior Report Card Generator	https://www.interventioncentral.org/teacher-resources/behavior-rating-scales-report-card-maker	Identify expectations (positive target behaviors) you hope to see your child(ren) demonstrating at home and then reward for their success!
Positive Solutions for Families	https://assets-global.website-files.com/5d3725188825e071f1670246/5d82ae9bc5a7f4d2b086110e_po	Eight Practical Tips for Parents of Young Children with Challenging Behavior

	sitivesolutionsforfamilies%5B1%5D.pdf	
Top 10 De-escalation Tips	https://www.crisisprevention.com/CPI/media/Media/download/PDF_DT.pdf	These Top 10 De-Escalation Tips will help you respond to difficult behavior in the safest, most effective way possible.
Setting Limits	CPI Setting Limits	When you set effective limits, you use one of the most powerful tools to gain a person's cooperation. Knowing there are limits on their behavior helps the people in your care feel safe. It also helps them learn to make appropriate choices. Be flexible, respectful, and creative in your limit setting and you will promote positive behavior change.

Crisis Response/Management

If you are at imminent risk please call 911 for support

Students and family involved with providers/agencies should have heard from their clinician about alternative care. Please use recommended supports. The following supports can be accessed in addition to as needed.

Mobile Crisis with Baycoast Behavioral	508-985-6630	They are active and screening individuals in our area for illness and/or mental health concerns. Students and children under the age of 18 are "insurance blind" and can be seen in the community or at their Crisis location at Corrigan Mental Health in Fall River. <i>(Note: Adults seeking support are eligible w/MassHealth Only)</i>
Community Counseling of Bristol County, Inc. (CCBC)	800-660-4300 Emergency Services Programs and Mobile Crisis Intervention	While CCBC is offering services in an alternative format for Clients in many departments they are still available.
National Suicide Hotline	800-273-TALK (8255) Access to chat available here: https://suicidepreventionlifeline.org/	The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.
United Neighbor	https://unfr.org/resources/	A resource guide for agencies or organizations in the Greater Fall River area.
Crisis Hotlines for Massachusetts	https://www.mass.gov/service-details/crisis-hotlines	Suicide prevention, domestic violence, and other crisis hotlines for youth, young adults, and their friends and families.

Exercise, Yoga, & Music

At Home Gym Class//Therapeutic Fitness	Behavior Change Gym Classes	Here is a link where you can sign up to receive a short workout for your kids to do in the comfort of your home and will also learn about a social skill or an emotional
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		regulation skill for the day worked in. Beginning March 17 th for 2 weeks
Fluency & Fitness: Helping students exercise their brains and bodies	Fluency & Fitness	They are giving families 21 days of free unlimited access to their site during school closures. There are online access to 60+ reading and math topics, video library with over 900 videos to review 365+ skills, access to all K-2 content, incorporate learning + movement, while keeping your child engaged and having fun
Rob Pohlner	Fitness	Here you will find a variety of games (e.g., Card Sharks Fitness, Exercise Bingo, Fitness Monopoly, PE Choice board)
GoNoodle	GoNoodle	Here are a variety of videos that are fun and interactive for you and your children.
Mr. Jon & Friends' Facebook Page	Mr. Jon & Friends	Weekday Live Stream with Mr. Jon and Friends from March 16 th - March 27 th
Cosmic Kids!	Yoga	YouTube videos around yoga, mindfulness and relaxation specifically for your children aged 3+
Yoga classes by Michelle	Online Live Yoga Classes	Michele Bickley is a Yoga instructor and is planning to do some kids yoga online.

Physical Therapy/Gross Motor

- Go for a walk
- Animal walks (bear, crab, frog, penguin, duck, donkey kick, walrus wiggle, snake slither...use your imagination)
- Play on playground equipment
- Put on fun music and dance
- Play hopscotch (use numbers and/or letters- name the letter/letter sound/ a word that starts with the letter)
- Catch/throw/kick a ball
- Skip and jump (bilateral coordination)
- Make an indoor or outdoor obstacle course
- Yoga
- Masking tape balance beams
- Stretching

Pink Oatmeal Freebie Library	https://www.pinkoatmeal.com/freebie-library/	Free movement and exercise games, activities and exercises
Dinosaur Physical Therapy Blog	https://blog.dinopt.com/	Great tips and activities to improve gross motor skills for Preschool and K students
Pediatric Physical Therapy: Teachers Pay Teachers	https://www.teacherspayteachers.com/Store/Pediatricphysicaltherapy	Free downloadable exercises and activities (Stair Negotiation, Single Leg Balance, Core Exercises, Lower Extremity Stretches, Outdoor Activities)

Vision/Orientation and Mobility

- Go for a walk; plan route and practice cane techniques
- Practice typing/braille skills
- Read books via Bookshare or Audible
- Practice tracking/scanning exercises

Bookshare	https://www.bookshare.org/cms/	Access to audio books/textbooks; please email me for requested books/student log-in and password
Google Earth Google Maps	https://www.google.com/earth/ https://www.google.com/maps	Travel the world from your living room; plan out routes to different places using satellite pictures Plan out walking route; discuss directions/cane techniques used to travel the route
iPad Apps	https://www.teachingvisuallyimpaired.com/cause--effect-apps.html https://www.teachingvisuallyimpaired.com/sound-making-apps.html	Quality low cost app used for cause & effect, sound
SENict Resources	https://www.ianbean.co.uk/ss_playzone/	Accessible activities to use online; switch, eye gaze, touch, mouse
SpecialBites	http://www.specialbites.com/switch-access-to-youtube/make_youtube_videos_switch_accessible.php	Make YouTube videos switch accessible; can also use touch/mouse
Typing.com	https://www.typing.com/student/login	Practice typing skills using school log-in
TypingClub	https://www.typingclub.com/	Practice typing skills using school log-in
UEB Online	https://uebonline.org/	Practice braille literacy skills using your keyboard!

Occupational Therapy

- Hold yoga poses
- Trace lines and shapes on paper or in shaving cream
- Type an e-mail to a distant relative or write a letter
- Rake leaves in the yard
- Dig dirt in the garden (sensory), start indoor seedlings
- Create a sensory box (your therapist can advise on specific textures)
- Use a stylus on a tablet in drawing, tracing, and writing apps
- Play cards (dealing, holding, placing, taking turns etc.) Go Fish, War, Slap Jack, Old Maid, Rummy, Solitaire

The OT Toolbox	https://www.theottoolbox.com/	There is a Tools for Home page with multiple resources for sensory, fine motor, and developmental learning
Ginger's Westport OT Webpage	Mrs. Cameron's OT Page	Multiple areas that an OT would address, with links to information for parents, websites and activity suggestions
The Inspired Treehouse	https://theinspiredtreehouse.com/	This is an excellent site for creative ideas for home therapy for both PT and OT
Therapy Street for Kids	http://therapiststreetforkids.com/	Comprehensive list of targeted skills to choose from (ex. fine motor strength, prewriting, self-help skills) for activity ideas
iPad apps	LetterSchool, iWrite, PaintSparkle, My Name, Dexteria, Dexteria Jr	Quality low cost apps for prewriting, writing, and fine motor skills

Speech and Language

- Mirror exercises- Speak in front of a mirror to help your child learn how the mouth moves when making a particular sound. Model the sound or speak slowly and have your child try and copy the movement.
- Talk about categories- Name items in a category, figure out which item in a list does not belong with the others and explain why
- Give your child directions to follow around the house (example: Go to your room and get your purple sweater). Add additional steps as indicated.
- To work on vocabulary/following directions: ask your child to look up recipes and select one to create together. Have them locate/label ingredients/kitchen tools and encourage them to follow recipes as independently as possible.
- Watch movies and/or read books together. Have your child predict what will happen next, talk about the characters (describe, compare and contrast them). Discuss feelings (Are they happy or sad?)
- Act out a scene from a movie or book together- try to remember lines, or make up a different ending
- Use everyday tasks to learn language. Talk about what you are doing. Ask "wh" (who, what, where, when, why questions).

Teachers Pay Teachers	https://www.teacherspayteachers.com/Product/Speech-and-Language-Home-Suggestions-for-Emergencies-for-SLPs-FREEBIE-5317375	Specific speech and language home activity ideas
Starfall Education (Preschool and kindergarten)	https://www.starfall.com/h/	A great site to work on specific letters/sounds and early literacy skills.
Mommy Speech Therapy	https://mommyspeechtherapy.com/	Free downloads and printables for specific speech sounds

FunBrain	https://www.funbrain.com/games/rooting-out-words	Online game for morphology practice.
Quia	https://www.quia.com/pages/havemorefun.html	Free speech and Language Articulation Games
Story Place	https://www.storyplace.org/	Free online stories and interactive activities for preschoolers and elementary-aged students. Each theme includes an online story, online activity, and printable "take home".
ReadWorks	https://www.readworks.org/	Free online articles with comprehension questions for grades k - 12. Articles can be read together and students can use language to make connections, predict, infer, reason and explain.
The New York Times	https://www.nytimes.com/2020/03/15/learning/students-can-respond-to-daily-writing-prompts-inspired-by-the-new-york-times-at-home-for-free.html	Great source of current topics for students to discuss. Have students list/discuss pros & cons, choose a side, explain their reasoning. Topic example: 'Should parents track their teens'

Educational

Online Resources	Free Subscriptions	Here is a free list of resources with free subscriptions being offered during school closures.
Online Learning Resources	Online Learning	Here is a list of free online resources from companies offering free access to their educational platforms during this time.
Kids Activities	Kids Activities	Here's the entire list of education companies offering free subscriptions due to school closings
BrainPOP Video for Students	BrainPOP Video	This is a BrainPOP (educational video) regarding the virus. This is a 4-minute video and may be most appropriate for our older learners.
BrainPOP online Learning	BrainPOP	They are providing free access for those who are affected by school closure. They have a variety of learning materials your children can access.
Learning A-Z (Raz Kids or Headsprout)	Free Trial Sign Up	Raz-Kids is a digital resource that provides a library of differentiated books students can use to practice reading wherever they are (internet connection required) Headsprout is an online K-5 reading program that adapts to the needs of the

		individual student. It is self-paced, which makes it ideal for at-home practice.
PBS Kids	PBS Kids How to Talk to Kids about the Coronavirus	There is an abundance of resources from PBS kids. There is a great article for parents on how to talk to students about the virus with simple strategies to use.
PBS Learning Media	PBS Resources	PBS and your local station have curated FREE, standards-aligned videos, interactives, lesson plans, and more just for teachers like you.
List of Online Resources "Amazing Educational Resources"	Online Educational Resources	Here is a full list of online resources offered for free during this time. Similar to this page, this google document highlights links to access and provides descriptions of each link provided.
BitsBoard	BitBoard Games + Education	Here, students can play dozens of highly engaging min-games for all ages; download thousand of carefully curated lessons across hundreds of subjects
Everyday Speech	Everyday Speech	Online curriculum for teaching social-emotional skills across Pre-K – 12. You can sign up for their free trial that look a variety of skills under social-emotional learning (e.g., conversation, school rules, situational awareness, perspective taking, friendship)
Play. Learn. Practice. Repeat from Turtle Diary	Educational Kid Games	Here are fun educational and online games for kids. This site can be used as an exciting way of learning with the help of fun online games, videos, experiments, puzzles, coloring sheets, and more.
Mystery Science	Learning about Science	Free, easy science for remote learning.
Khan Academy	Khan Academy	There is a free version geared towards Pre-K- 1 st called Khan Academy for Kids. There are a ton of resources provided by them and parent videos too!
Twinkl	Twinkl Online Learning	Online teaching resources for free for 3 months!
The Autism Helper	Autism Helper	Free educational downloads
Scholastic	Scholastic Learn @ Home	Day-to-day projects to keep kids reading, thinking, and growing.
Engineering Activities for Kids	Engineering Activities	Here is a list of engineering activities that can be completed while under quarantine
Special Kids Advocate	Special Kids Advocate	Resources available for Math, Science, Reading, Writing, and Social Studies

ABC Mouse	ABC Mouse	You can try ABC mouse for free for 30 days. It includes educational games, books, puzzles and more
We are Teachers	We are Teachers	Free online learning resources for teaching your students virtually
Swing Education	Online Learning Resources	20 online learning resources to get you through Coronavirus school closures
National School Choice	School Resources	37 Free Online Resources for Schools Shifting Online During Coronavirus
School Bells N Whistles & The Bender Bunch	4 Weeks of Home Learning	Four weeks of Home Learning: Free interactive reading notebooks
Prodigy	Prodigy	The engaging, curriculum-aligned math platform loved by over 50 million students, teachers and admins. No cost, ever.
Study Jams	Study Jams	Here you can watch a variety of videos over math and science concepts
Vooks	Vooks	Get one month free! Storybooks Brought to Life A kid-safe, ad-free streaming library of read-aloud animated storybooks.
Special Kids Advocate	Special Kids Advocate	Resources available for Math, Science, Reading, Writing, and Social Studies
STEM lessons by Jeffrey Groff	STEM Lessons	Free STEM lessons for k-12 students starting @ 10:00am on Monday 3/16
Andrea Barron	Math	K-5 Math Choice Menu
Stephanie Modlin	Reading Journal	Reading Journal for E-Learning
Megan lemma	Online book resources	Being able to access both audiobooks and eBooks online can help in lots of different situations. Here are some websites etc that can help for both students and adults access these sites.
Storyline Online	Google Search: Available through YouTube and apps (Apple and Google)	FREE children's literacy resource featuring the world's best storytellers reading books aloud. Each video includes an activity guide with lessons for K-5 students to do at home

Picture Books Read Aloud Videos for Lesson Use	Pernille Ripp	A compilation of many read aloud resources, featuring the creators reading aloud.
Michele Martin-Luck	History Reading or TPT	Michele has just set her March History Reading Bundle to FREE. There are readings for each day of the month and they are all about events from that day in history. Included is a student guide for reporting on what they read that could also be used for any other current events. They are designed for 5th grade, but could work with other grades depending on reading level of your students. Text boxes are added into the student guide and she made enough pages for 4 weeks to match the number of days in the set.
Katie Mense	TPT	Emergency Send Home Lesson Plans for Kindergarten
Age of Learning	Age of Learning	Age of Learning provides schools closed due to the coronavirus with free home access for all affected families to leading digital education programs ABCmouse, Adventure Academy, and ReadingIQ. Programs serve students in preschool / pre-k, elementary school, and middle school
Ms. Pickles	PowerPoint	Learning in a fun way. PP presentation for daily activities for kindergarten students!
Parlay	Parlay	Free for everyone until at least Mar 15 th ! This puts your students and their unique perspectives at the heart of learning and gives you the data you need to help them grow!
Netflix	Netflix: Educational	150+ EDUCATIONAL SHOWS ON NETFLIX
Other Activities		
150+ Enrichment Activities	Enrichment Activities	This list includes hundreds of enrichment activities for children while parents are working remotely. It also identifies age range, degree of parent involvement, costs, and prep time. Enjoy!
Google's Top Museums—Virtual Tours	Virtual Museum Tours	Stuck at home? Here are 12 famous museums offering virtual tours.

		Experience museums from London to Seoul in the comfort of your own home
30 Fun Things to do with Kids While Quarantined	https://shannontorrens.com/30-fun-things-to-do-with-kids-while-quarantined/	Some creative ideas for QUIET activities, as well as movement, art, toys, and creative opportunities.
Cincinnati Zoo	Cincinnati Zoo	Join us for a Home Safari Facebook Live each weekday at 3pm where we will highlight one of our amazing animals and include an activity you can do from home. Join us starting Monday, March 16 at 3pm for our first Home Safari- featuring Fiona!
Virtual Field Trips	Virtual Field Trips	Over 30 virtual field trips with links (e.g., Mars, the Zoo, and more!)
The Met Opera: Streaming Live	Metropolitan Opera	The Met Opera will host “Nightly Met Opera Streams” on its official website to audiences worldwide. These free streams will present encores of past performances from its famed Live in HD series. The encore presentations will begin at 7:30 p.m. each night on the company’s official website and will then be available for an additional 20 hours thereafter. Each showcase will also be viewable on the Met Opera on demand apps
History for Kids	History for Kids	This website is packed with articles, worksheets and even a quiz on each section. You will find cool games, videos, worksheets on many historical events that will help you understand those that have gone before us
National Geographic Kids	National Geographic	This could be your way to take daily adventures with your children in the comfort of your home.
Libby	Libby	You can read and listen to books for free.
Saved You a Spot!	Screen Free Activities	Here is a list of 20 screen-free things to do with your kids indoors

Home School Hideout	Educational Shows on Netflix	Here is a list of 150 educational shows/movies that are on Netflix
Enrichment Activities: School Closure	150+ Enrichment Activities	Here is an excel file that includes 150+ enrichment activities for children while parents are working remotely!
Smore	Dealing with COVID-19	Curated resources for those working with individuals who have developmental disabilities.
TheLivBits... Lets Keep Reading	Authors	Here is a list of authors that will be reading on their pages
NPR	NPR: A Comic	Just For Kids: A Comic Exploring The New Coronavirus
Cara Carroll	Virtual Learning Resources	30 Free Virtual Learning Resources for COVID-19 school closures

Art Activities

McHarper Manor	Art Classes	Online art classes for elementary age kids, just purchase the supplies ahead of time. They will be at 1 pm EST and have the week of projects listed.
SkillShare by Kris	SkillShare	Here is a watercolor class on SkillShare. You can get SkillShare free for 2 months
Kris Loya Art & Illustration	Watercolor Classes	Artist Kris Loya will also be doing some live watercolor classes starting Saturday 3/14 at 7:30pm and during the shut-down
Splotch Monster Island	Splotch Monster Island	Art classes on Facebook
Wild Free and Crafty	Free Online Art Classes	Facilitated by Rustic Orchid Creative Workshop by a professional with a degree in fine arts and who has taught art classes to children through a homeschool co-op. **may require supplies (Amazon links to purchase

		supplies ahead of time for project will be provided)
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