



WESTPORT MIDDLE-HIGH SCHOOL

<https://www.westportschools.org/school-life/food-services/>

GRADES 5 – 12 LUNCH MENU

SEPTEMBER 2021

Ala Carte items Available daily!

To preorder your meal for the next day, the google order from must be filled out no later than 10:00 pm the night before@

https://docs.google.com/forms/d/1KFpaOm29PG-QgbIt7ds_7t4gyRICSEzzBhBdF0M5ml/edit

Monday	Tuesday	Wednesday	Thursday	Friday
	7 Mozzarella Sticks Steamed Green Beans Dinner Roll Fresh Fruit Milk	8 Minestrone Soup Grilled Cheese Sandwich Steamed Carrots Welcome Back Cookie Fruit and Milk	9 Popcorn Chicken Bowl w/Mashed Potatoes, Corn & Gravy And a Warm Biscuit Fruit and Milk	10 Stuffed Crust Pizza Fresh Salad Cheese Stick Assorted Fruit Milk
13 Chicken Nuggets Buttered Noodles Crispy Veggie Sticks Fresh Fruit Milk	14 Taco w/Lettuce, Cheese & Salsa, TexMex Rice w/Black Beans & Corn Fruit Milk	15 Chourico & Peppers Sub Oven Baked Fries Pudding w/Topping Fruit Milk	16 Coney Island Hot Dog Pasta Primavera Carrot Sticks Fruit Milk	17 Domino's Pizza Cheese Stick Tossed Romaine Salad Fruit Milk
20 American Chop Suey Steamed Peas Garlic Knot Roll Fruit Milk	21 Chicken Chow Mein Fluffy White Rice Steamed Carrots Fresh Fruit Milk	22 Grilled Chicken Caesar Salad w/Wrap Three Bean Salad Cake Fruit and Milk	23 Buffalo Mac & Cheese Dinner Roll Steamed Green Bean Fruit Milk	24 Domino's Pizza Cheese Stick Tossed Romaine Salad Assorted Fruit Milk
27 Chicken Tenders Vegetarian Baked Beans Animal Crackers Fruit Milk	28 Tomato Soup w/Goldfish Grilled Cheese Sandwich Steamed Green Beans Fruit Milk	29 Meatball Sub w/Cheese Oven Baked Fries Jell-O w/Topping Fruit Milk	30 Shepherd's Pie w/Corn Applesauce Dinner Roll Fresh Fruit Milk	

ALLERGIES: Before placing your order, please inform your server if there is a food allergy.

"This Institution is an equal opportunity provider" -- Menu subject to change.

**COMPLETE BREAKFAST &
LUNCHESES ARE FREE FOR
ALL STUDENTS until
June 30, 2022!
Ala Carte items are NOT
included!**

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